

OASIS 11/19/25
Homework Sheet

 The Love Rules

(Inspired by The Energy Bus and the OASIS Process)

 1. Make Time for Them

OASIS Focus: *Observe*

 *Nurture relationships with those you care about and love.*

Whether at home or work, make time for people. Get to know your colleagues, teammates, and customers. Be fully engaged in the moment — put distractions aside and be present.

 **Take Away:**

 2. Listen to Them

OASIS Focus: *Acknowledge*

 *Truly listen to what others say — their ideas, needs, and concerns.*

Everyone wants to feel heard. Listening shows respect, empathy, and understanding. Whether it's a colleague, customer, or friend, makes them feel valued.

 **Take Away:**

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 3. Recognize Them

OASIS Focus: *Serve*

 *Recognize people both personally and professionally.*

Acknowledge their efforts, successes, and character. Recognition builds trust and motivation. Don't wait for big wins — celebrate small victories and personal growth moments.

 **Take Away:**

 4. Serve Them

OASIS Focus: *Inspire*

 *Leadership is service.*

The higher your leadership role, the greater your responsibility to serve those around you. Support your team's growth, careers, and well-being. Help them find joy in work and life — and keep everyone moving forward on *your bus* together.

 **Take Away:**

 5. Bring Out the Best in Them

OASIS Focus: *Sustain*

 *When you care for someone, you want the best for them — success, happiness, and fulfillment.*

Helping others reach their potential is the ultimate act of love. Encourage strengths, build confidence, and inspire each person to do what they do best.

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Homework Sheet

 Take Away:

 Remember:

“Love is the fuel that drives the Energy Bus.”

When you lead with love — you create energy, connection, and unstoppable momentum.