

Aspire's Mission:

Aspire's mission is to support children and adults with developmental and similar disabilities, helping them to live their lives to the fullest by providing individualized assistance based on personal choices.

What's Inside!

What's Next for Your Child 1

Aspire Adult Therapy Services 2

Save the Date

DDAWNY Family Committee Meeting
7 Community Drive Cheektowaga, NY
Third Tuesday of the Month
7:00pm

For event information, please contact Shana Caldarella at 716-505-5512 or via email at shana.caldarella@aspirewny.org

Aspire of Western New York

Address: 2356 N. Forest Road
Getzville, NY 14068

Phone: 716-505-5500

Email: intake@aspirewny.org

Web: www.aspirewny.org

WHAT'S NEXT FOR YOUR CHILD?

With the thought of graduation right around the corner, or even within the next year or two, as a parent you might have asked yourself, "what's next for my child" or "where do we go from here". With that in mind Aspire would like to help you answer a few of those questions and hopefully give you a little piece of mind in the process.



Members of the Aspire Co-Op program welcome everyone to the Aspire Family.

The Aspire of WNY Co-Op/Tech Buffalo program is a service that provides day opportunities for young adults with I/DD. The Co-Op/Tech program was designed to offer multiple areas of interest within one program.

Four main components that help define the Co-Op/Tech program are:

- Volunteering - Community based volunteering as well as on site volunteering.
- Health and Wellness - Healthy cooking class on site as well as on and off site exercise opportunities.
- iXpress Arts program - Full-time Art Facilitator with Fine Arts degree, a fully accessible and functional art studio, collaboration and access to the Buffalo Arts Studio (BAS)
- Technology Today Buffalo and Tech on the GO - Learning computer basics along with specialty projects on the GO (photography, Go Pro, movie making, etc...)

Each Co-Op/Tech members days is designed to explore and develop new interests, all while continuing to build and strengthen their existing skills and preferences.

The Co-Op/Tech Program is located at 2495 Main Street, Buffalo, New York 14214. The day and hours of service are Monday through Friday, 8:30am - 2:30pm, with most members attending 3 out of the 5 days. If you would like more information or would like to set up a tour, please contact Amy Holdnack at 716-512-6787 or by email at amy.holdnack@aspirewny.org.

“Whether we are out volunteering in the community, creating art in the studio, or planting a garden in the Trimaan People’s Park, we all know it takes everyone to make an IMPACT in our community. Come join in the fun.”

Aspire Adult Therapy Services

From pre-school through graduation, children and adolescents with special needs receive therapy services as part of their free and appropriate education.

After the age of 21, therapy services are not provided as a part of routine programming. They represent a separate, clinical service with unique intake requirements, regulations, and oversight.



If you or your loved one is interested in therapy supports after the transition to adulthood, please talk with your Care Coordinator regarding becoming enrolled with the Office for People with Developmental Disabilities and obtaining an application for Article 16 adult therapy services.



At Aspire of Western New York, we offer Physical, Occupational, and Speech therapies, as well as Mental Health Counseling to people 21 years and older with developmental disabilities. Our main clinic facility is located in

Cheektowaga, New York and we have satellite clinics across Western New York.

Physical Therapy is designed to maximize function, reduce pain and promote good health. Evaluations and training related to custom seating and mobility systems are also available.

Comments, Suggestions or Ideas?

If you have any comments, suggestions or a subject you would like to see in an upcoming newsletter, please contact Paula Kerber at 716-505-5262, or email paula.kerber@aspirewny.org.

Want an electronic copy of Transition Times?

Send your email to: paula.kerber@aspirewny.org and we'll send you an electronic version of Transition Times. Thanks for your interest!

Occupational Therapy promotes independence and productivity in all areas of daily living, higher education and employment environments.

Speech-Language Pathologists provide evaluation and treatment of a full range of communication disorders and swallowing difficulties. Evaluations and training are also available regarding the use of Augmentative and Alternative Communication for those who are unable to speak or are difficult to understand.

Licensed Clinical Social Workers provide individual counseling to assist in dealing with emotional responses, life stressors and personal challenges. Psychotherapy can assist with sorting out feelings, coping with stress and resolving personal issues.



For more information about Aspire Adult Therapy Services, eligibility, and enrollment, please do not hesitate to reach out to our intake department at 716.838.0047.

Aspire is celebrating 75 years of making an IMPACT!



A special thank you to our generous sponsors

