

# Aspire OF WNY **CURRENTLY HAS OPENINGS AVAILABLE IN OUR COUNSELING PROGRAM!!**

## **What it's all about:**



Aspire provides professional, family driven and flexible counseling services to individuals with developmental disabilities **and family members**. Aspire plays a key role in supporting families in their identification of the need for counseling services and promotes individual choice by maintaining a directory of providers, including knowledge of geographic location.

We contract with certain counselors in **Chautauqua and Cattaraugus County**. Families are provided their choice of provider, based upon availability.

## **NEW THIS YEAR!**

We now have counselors that are willing to **teleconference** with families if families struggle to meet face to face! This opportunity has opened doors for many families that live in rural areas and find it difficult to travel to meet with their counselor.

Counseling services are highly individualized and provide one-on-one or as a family. Individuals and families work directly with the provider to determine the counseling outcomes.



The counseling program is at **NO COST** to the individual or their family! The bill is sent directly to Aspire to handle.

## **How do I know if I qualify?**

Individuals must be eligible for OPWDD services and living at home with family. **Family members of eligible individuals also qualify**. This is a Family Supports and Services (FSS) program funded through OPWDD.

**Contact Tracy Flagella at (716) 456-3103 or at [tracy.flagella@aspirewny.org](mailto:tracy.flagella@aspirewny.org) for more information!**