

# Aspire of WNY COMMUNITY BRIDGES

Aspire of WNY provides a unique small group Community Habilitation service called the B.R.I.D.G.E.S. (Building Relationships, Integration, Dreams, Goals, and Equal Opportunity for Success) program. The B.R.I.D.G.E.S. program is a structured ten-month learning opportunity focused on community learning connections.

This program offers:

- ◆ Structured learning opportunities in small group settings, maximum of one staff to four participants
- ◆ Ten-month program with five 8-week learning modules for success that support skill building in the areas of a person's social determinants of health inclusive of: Health and Wellness, Social Relations / Community Engagement, Home Stability / Neighborhood Engagement, Financial Health, and Education Opportunities for overall well-being.
- ◆ All learning opportunities have a connection to a community learning experience where learned skills can be applied.
- ◆ Take home learning tips to share with family to practice skills learned.
- ◆ Recommendations at the conclusion of the ten-month program will be provided. Recommendations will include progress and suggested pathway to more advanced training, prevocational programs, agency supported self-directed community habilitation, self-directed services, and employment opportunities. Modules can be repeated as desired or needed.
- ◆ The program will embrace family / friends / community volunteers to assist with some scheduled community-based learning activities.



The B.R.I.D.G.E.S. program will be offered at 2360B North Forest Road in Getzville, New York for initial learning instruction prior to scheduled community integrated activities.

Small group hours can be established day or evening based on availability needs of the group participants.



\*Aspire cannot provide medication supports in Community Habilitation programs.

**For more information please  
contact the Agency Outreach & Central  
Intake Division at (716) 838-0047 (Option 1)  
or [intake@aspirewny.org](mailto:intake@aspirewny.org).**

*Must be eligible for services with the Office for People with Developmental Disabilities (OPWDD).  
If unsure if you or a loved one qualifies, contact our intake department.*